

Positive Alternatives 2015 -2016 Quarterly Update

Grantee: PREGNANCY RESOURCE CENTER OF THE PARK RAPIDS AREA

Goal: To support, encourage, and assist women in carrying their pregnancies to term and caring for their babies after birth.

For the period July 1-Sept.30, 2015

| Activity or Service | Activity or Service Description Major Work Plan Activities | Work Plan Count | Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity. | Report Count |
|--------------------------------------------------|--------------------------------------------------------------------------------------------------|------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------|
| Administrative Activities | Provide guidance to the grant staff; complete grant forms; attend grant meetings | | Continue to guide staff as needed and submit the required grant forms. | |
| Car Seat Program | Provide car seat education; provide car seat instruction and testing required for a new car seat | 2 | We provided car seat education to one client this quarter, she will get instruction from the hospital when she receives the infant car seat. See challenges. | 1 |
| Case Management Services | Provide follow-up to clients either by phone or in-person visits | 40 | There were thirty-six follow up phone calls, and three in-person visits to our clients this quarter. | 39 |
| Crib Distribution/ Sleep Safety Education | Provide safe sleep education and cribs | 5 | We provided safe sleep education and cribs to three of our clients during this quarter. One of the clients had lost everything in a house fire ,so she was thrilled to get a crib! See challenges. | 3 |
| Financial Assistance | Provide assistance to clients in completing crib applications | 5 | Three clients received assistance with crib applications. See challenges. | 3 |

| Activity or Service | Activity or Service Description Major Work Plan Activities | Work Plan Count | Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity. | Report Count |
|--------------------------------------|--------------------------------------------------------------------------------------|------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------|
| Life-Skills Education Program | Provide life skills education in an incentive program | 6 | We provided life skills education to six clients this quarter. They worked on budgeting, money management, housecleaning, and time management. One of them works full-time and two of them work part-time. | 6 |
| Material Support | Provide material support of maternity and baby items to pregnant and parenting women | 15 | We provided maternity clothing, diapers ,wipes ,formula ,baby clothing , baby equipment ,bedding ,baby food and toys this quarter. | 34 |
| Parenting Education | Provide parenting education in an incentive program | 4 | This quarter there were six clients working on child development and discipline. | 6 |
| Pregnancy Education | Provide pregnancy education in an incentive program | 6 | We provided information on pregnancy, baby development, nutrition , and child birth to six women this quarter. One of them was unable to attend a birth class at our hospital so she was very grateful to receive the information here at the center! | 6 |

| Maternal and Child Health Initiative Task Force Strategies | No. |
|-----------------------------------------------------------------------------------------------------------------------------------|------------|
| <i>Number of women who received car seats and car seat safety education from a PA funded program activity</i> | |
| <i>Number of women who received car seat safety education only from a PA funded program activity</i> | |
| <i>Number of women who received child abuse prevention education from a PA funded program activity</i> | |
| <i>Number of women who received abusive head trauma (shaken baby) prevention education from a PA funded program activity</i> | |
| <i>Number of women who received a baby bed, crib, or pack-n-play and sleep safety education from a PA funded program activity</i> | |

| Maternal and Child Health Initiative Task Force Strategies | No. |
|---------------------------------------------------------------------------------------------------|------------|
| <i>Number of women who received sleep safety education only from a PA funded program activity</i> | |

Challenges: One client was interested in car seat safety.

Three clients did Safe Sleep and were eligible for cribs, other clients are not ready.